Pricing Supplement Dated 12/3/2007 (To Prospectus dated November 21, 2007, and Prospectus Supplement dated November 21, 2007)

1. The Notes

Redemption Provisions:

Redemption:

Repayment:

Initial Redemption Date:

Additional Other Terms:

Authorized Denominations:

Filed pursuant to [X] Rule 424(b)(2) [] Rule 424(b)(5) Registration Statement No. 333-147181 and 333-147181-01

CUSIP: 74254PUY6



Principal Life Insurance Company

Principal® Life CoreNotes® (Callable) (That are also Asset-Backed Securities) Issued Through and Obligations of Principal Life Income Fundings Trust 2007-119 (the "Trust" and "Issuing Entity")

The description of this pricing supplement of the particular terms of the Principal® Life CoreNotes® offered hereby, and the Funding Agreement (specified below) issued by Principal Life Insurance Company ("Principal Life") to the Trust, the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made..

TBD Principal Amount: Purchasing Agent Discount: 0.750% Issue Price: 100.0% Original Issue Date: 12/12/2007 Net Proceeds to the Trust: TBD Stated Maturity Date: 12/15/2011 **Interest Payment Dates:** The 15th day of every sixth month commencing on 06/15/2008 6/15/2008 Initial Interest Payment Date: Regular Record Date: 15 calendar days prior to the Interest Payment Date Type of Interest Rate: [X] Fixed Rate [] Floating Rate **Interest Rate:** 4.65% Discount Note: []Yes [X] No Terms of Survivor's Option: Annual Put Limitation: [X] \$2,000,000 or 2%; or or % Individual Put Limitation: [X] \$250,000; or []\$_ Trust Put Limitation: [X] 2%; or

[] No.

[X] No

[X] In whole only and not in part [] May be in whole or in part

[X]Yes

[]Yes

\$1,000

12/15/2008

Redemption Date

If Yes,

Any redemption date will be an Interest Payment Date falling on or after the Initial



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The Notes issued under the Program are rated AA by Standard & Poor's ("S&P").

Principal Life expects the Notes to be rated Aa2 by Moody's Investors Service, Inc. ("Moody's").

Purchasing Agent(s) Purchasing Notes as

[X] Yes

[] No

If Yes,

Principal:

Purchasing Agent(s)	Principal Amount
Merrill Lynch	TBD
Total:	TBD

State of Organization of the

Trust:

New York

Additional/Other Terms:

None

2. The Funding Agreement

Funding Agreement Issuer:

Principal Life Insurance Company

Funding Agreement No.:

4-54996

Deposit:

\$15.0

Net Deposit:

TBD

Effective Date:

12/12/2007

Stated Maturity Date:

12/15/2011

Interest Payment Dates:

The 15th day of every sixth month commencing on 06/15/2008

Initial Interest Payment Date:

6/15/2008

Type of Interest Rate:

[X] Fixed Rate [] Floating Rate

Interest Rate:

4.65%

[]Yes

Discount Funding Agreement:

[X] No

Terms of Survivor's Option:

Annual Put Limitation:

[X] \$2,000,000 or 2%; or

[] \$_____ or __% [X] \$250,000; or

Individual Put Limitation:

[]\$_

Trust Put Limitation:

[X] 2%; or

Redemption: Initial Redemption Date: Redemption: Additional Other Terms:	[] May be in v	[] No. only and not in p whole or in part on date will be a		Date falling on or after the Initial Redemption
Repayment:	[]Yes	[X] No		
Ratings:				
The Funding Agreement issued u Principal Life expects the Fundin				
Additional/Other Terms:		None		
3. The Guarantee				
Guarantee Issuer:		Principal Fina	ncial Group, Inc.	
Effective Date:		12/12/2007		
Additional/Other Terms:		None		