Pricing Supplement Dated 7/9/2007 (To Prospectus dated February 16, 2006, and Prospectus Supplement dated February 16, 2006) Filed pursuant to [X] Rule 424(b)(2) [] Rule 424(b)(5) Registration Statement No. 333-129763 and 333-129763-01

CUSIP: 74254PSU7



Principal Life Insurance Company

Principal® Life CoreNotes® (Callable) (That are also Asset-Backed Securities) Issued Through and Obligations of Principal Life Income Fundings Trust 2007-70 (the "Trust" and "Issuing Entity")

The description of this pricing supplement of the particular terms of the Principal® Life CoreNotes® offered hereby, and the Funding Agreement (specified below) issued by Principal Life Insurance Company ("Principal Life") to the Trust, the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made..

1. The Notes

Principal Amount:	TBD	Purchasing Agent Discount:	2.000%			
Issue Price:	100.0%	Original Issue Date:	7/18/2007			
Net Proceeds to the Trust:	TBD	Stated Maturity Date:	7/15/2022			
Interest Payment Dates:	The 15th day of e	very sixth month commencing on 01/15/2008				
Initial Interest Payment Date:	1/15/2008	1/15/2008				
Regular Record Date:	15 calendar days prior to the Interest Payment Date					
Type of Interest Rate:	[X] Fixed Rate	Fixed Rate [] Floating Rate				
Interest Rate:	6.20%					
Discount Note:	[]Yes	[X] No				
Terms of Survivor's Option: Annual Put Limitation:		[X] \$2,000,000 or 2%; or				
Individual Put Limitation:		[] \$ or% [x] \$250,000; or				
Trust Put Limitation:		[] \$ [X] 2%; or \$				
Redemption Provisions: Initial Redemption Date: Redemption:	[X]Yes 7/15/2010 [X] In whole only [] May be in who					
Additional Other Terms:	Any redemption date will be an Interest Payment Date falling on or after the Initial Redemption Date					
Repayment:	[]Yes	[X] No.				
Authorized Denominations:	\$1,000					



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The Notes issued under the Program are rated AA by Standard & Poor's ("S&P").

Principal Life expects the Notes to be rated Aa2 by Moody's Investors Service, Inc. ("Moody's").

Purchasing Agent(s) Purchasing Notes as

[X] Yes

[] No

If Yes,

Principal:

Purchasing Agent(s)	Principal Amount
Merrill Lynch	TBD
Total:	TBD

State of Organization of the

Trust:

New York

Additional/Other Terms:

None

2. The Funding Agreement

Funding Agreement Issuer:

Principal Life Insurance Company

Funding Agreement No.:

8-03996

Deposit:

\$15.0

Net Deposit:

TBD

Effective Date:

7/18/2007

Stated Maturity Date:

7/15/2022

Interest Payment Dates:

The 15th day of every sixth month commencing on 01/15/2008

Initial Interest Payment Date:

1/15/2008

Type of Interest Rate:

[X] Fixed Rate [] Floating Rate

Interest Rate:

6.20%

[]Yes

Discount Funding Agreement:

[X] No

Terms of Survivor's Option:

Annual Put Limitation:

[X] \$2,000,000 or 2%; or

[] \$_____ or __% [x] \$250,000; or

Individual Put Limitation:

[]\$_

Trust Put Limitation:

[X] 2%; or

Redemption: Initial Redemption Date: Redemption: Additional Other Terms:	[] May be in w	[] No. nly and not in part on date will be an	If Yes, rt Interest Payment Date falling on o	or after the Initial Redempti
Repayment:	[]Yes	[X] No.		
Ratings:				
The Funding Agreement issued u Principal Life expects the Fundin				
Additional/Other Terms:		None		
3. The Guarantee				
Guarantee Issuer:		Principal Fina	cial Group, Inc.	
Effective Date:		7/18/2007		
Additional/Other Terms:		None		