FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

| Washington, | D.C. 20549 |
|-------------|------------|
|-------------|------------|

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APP                  | OMB APPROVAL |  |  |  |  |  |  |  |  |
|--------------------------|--------------|--|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287    |  |  |  |  |  |  |  |  |
| Estimated average burden |              |  |  |  |  |  |  |  |  |
| hours per response       | . 0.5        |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  CARTER MILLER JOYCELYN  (Last) (First) (Middle)  711 HIGH STREET  (Street)  DES MOINES IA 50392 |   |          |                 |                                |        | 2. Issuer Name and Ticker or Trading Symbol PRINCIPAL FINANCIAL GROUP INC [ PFG ]  3. Date of Earliest Transaction (Month/Day/Year) 12/21/2020  4. If Amendment, Date of Original Filed (Month/Day/Year) |  |   |                     |                             |                    |  |                            | 6. I          | Relationship of Reporting Person(s) to Issuer neck all applicable)  X Director 10% Owner Officer (give title below)  Individual or Joint/Group Filing (Check Applicable)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person |   |  |  | wner specify pplicable |
|---|---|----------|-----------------|--------------------------------|--------|--|--|---|---------------------|-----------------------------|--------------------|--|----------------------------|---------------|--|---|--|--|------------------------|
| (City)  | (S  | tate) (2 | Zip)            |                                |        |  |  |   |                     |                             |                    |  |                            |               |  |   |  |  |                        |
|   | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned                                    |          |                 |                                |        |  |  |   |                     |                             |                    |  |                            |               |  |   |  |  |                        |
| 1. Title of Security (Instr. 3)  2. Transac Date (Month/Da  |   |          |                 |                                |        | Execution Date,  |  | 3. Transaction Code (Instr. 8)  4. Securities Acquired Disposed Of (D) (Instr. 5) |                     |                             |                    | Benefic  | ies<br>cially<br>Following | Form<br>(D) o | : Direct<br>r Indirect<br>str. 4)  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |                        |
|   |   |          |                 |                                |        |  |  | Code  | v                   | Amount                      | (A)<br>(D)         | or   | Price                      | Transa        | ction(s)<br>3 and 4)   |   |  | (11041.4)  |                        |
| Common Stock 12/2   |   |          |                 | 12/21/                         | 2020   |  | A  |   | 719 A               |                             | 4                  | \$0 <sup>(1</sup>  | ) 61                       | 61,889        |  | D   |  |  |                        |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)   | Title of 2. 3. Transaction 3A. Deemed erivative Conversion Date Execution Date ocurity or Exercise (Month/Day/Year) |          | med<br>on Date, | 4. Transaction Code (Instr. 8) |        | 5. Nu  | ants,<br>mber<br>rative<br>rities<br>pired<br>r<br>osed<br>) |   |                     | sable and te An Se Se Se Se |                    | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount |                            |               | 9. Number<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4)   | ,   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                        |
|   |   |          |                 |                                | Code V |  | (A)  | (D)   | Date<br>Exercisable |                             | Expiration<br>Date | Title  | or<br>Nun<br>of<br>Sha     | nber<br>res   |  |   |  |  |                        |

## **Explanation of Responses:**

1. Grant of restricted stock units.

## Remarks:

Alex P. Montz, by Power of <u>Attorney</u>

12/23/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.