FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

			OMB AP	OMB APPROVAL			
Check this box it to Section 16. Fo obligations may Instruction 1(b).		-	AT OF CHANGES IN BENEFICIAL OWN d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	-	OMB Number: Estimated averag hours per respon	-	287 0.5
1. Name and Addre <u>Mills Scott</u> (Last)	(First)	son* (Middle)	2. Issuer Name and Ticker or Trading Symbol PRINCIPAL FINANCIAL GROUP INC [PFG] 3. Date of Earliest Transaction (Month/Day/Year) 05/21/2024	5. Relationship of (Check all applica X Director Officer (c below)	ble) jive title	(s) to Issuer 10% Owner Other (specify pelow)	1
711 HIGH STRI (Street) DES MOINES		50392	4. If Amendment, Date of Original Filed (Month/Day/Year)	1	int/Group Filing (C d by One Reportin d by More than Or	g Person	ole
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication	* to a contract. instructio	on or written plan tha	t is intended to)

 2. Transaction Date (Month/Day/Year)
 2A. Deemed Execution Date, if any
 3.
 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)
 5. Amount of Securities
 6. Ownership Form: Direct
 7. Nature of Indirect

satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

	(Month/Day/fear)	8)			(I) (Instr. 4)	Ownership (Instr. 4)			
		Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(instr. 4)
Common Stock	05/21/2024	Α		2,395	Α	\$0 ⁽¹⁾	28,947	D	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv	r osed) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/Y	ate	Amou Secu Unde Deriv	rities rlying ative rity (Instr.	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Title of Security (Instr. 3)

1. Grant of restricted stock units.

Chris Agbe-Davies as Attorney-in-Fact

05/23/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.