
FORM 8-K
CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(D) OF THE
SECURITIES EXCHANGE ACT OF 1934

Date of Report: OCTOBER 29, 2007
(Date of earliest event reported)

PRINCIPAL FINANCIAL GROUP, INC.
(Exact name of registrant as specified in its charter)

DELAWARE	1-16725	42-1520346
(State or other jurisdiction of incorporation)	(Commission file number)	(I.R.S. Employer Identification Number)

711 HIGH STREET, DES MOINES, IOWA 50392
(Address of principal executive offices)

(515) 247-5111
(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to
simultaneously satisfy the filing obligation of the registrant under any of the
following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR
230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR
240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the
Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange
Act (17 CFR 240.13e-4(c))

ITEM 2.02. RESULTS OF OPERATIONS AND FINANCIAL CONDITION

On October 29, 2007, Principal Financial Group, Inc. publicly announced
information regarding its results of operations and financial condition for the
quarter ended September 30, 2007. The text of the announcement is included
herewith as Exhibit 99.

ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

99 Third Quarter 2007 Earnings Release

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934,
the registrant has duly caused this report to be signed on its behalf by the
undersigned thereunto duly authorized.

PRINCIPAL FINANCIAL GROUP, INC.

By: /S/ MICHAEL H. GERSIE

Name: Michael H. Gersie
Title: Executive Vice President and Chief
Financial Officer

Date: October 30, 2007

RELEASE: On receipt
MEDIA CONTACT: Jeff Rader, 515-247-7883, RADER.JEFF@PRINCIPAL.COM
INVESTOR RELATIONS CONTACT: Tom Graf, 515-235-9500,
investor-relations@principal.com

PRINCIPAL FINANCIAL GROUP, INC. REPORTS THIRD QUARTER 2007 RESULTS

Des Moines, IA (October 29, 2007) - Principal Financial Group, Inc. (NYSE: PFG) today announced net income available to common stockholders for the three months ended September 30, 2007, of \$232.3 million(1), or \$0.87 per diluted share compared to \$251.0 million, or \$0.92 per diluted share for the three months ended September 30, 2006. The company reported record operating earnings of \$312.9 million for third quarter 2007, compared to \$254.7 million for third quarter 2006(2). Operating earnings per diluted share for third quarter 2007 were a record \$1.17 compared to \$0.94 for the same period in 2006.(3)

"We're particularly pleased with third quarter 2007 performance, which coupled continued strength and momentum in our asset management and accumulation businesses with solid underlying earnings from the Life and Health Insurance segment," said J. Barry Griswell, chairman and chief executive officer.

"Our U.S. and International Asset Management and Accumulation segments continue to achieve significant growth in assets under management (AUM), driving total company AUM up 42 percent, or \$91 billion from a year ago, to a record \$306 billion.(4) Approximately half of the increase is from strategic acquisitions, the other half, from strong organic growth," said Griswell. "Growth in AUM, in turn, is driving significant growth in operating earnings and operating earnings per share, which are up 16 percent and 19 percent, respectively, year-to-date."

Added Larry Zimpleman, president and chief operating officer, "We believe this strong financial performance and growth reflects our constant attention - to the needs of our customers, and the financial advisors and consultants who serve them."

"To meet those needs, we remain sharply focused on a number of key areas: managing assets appropriate for retirement savings and other long-term investment strategies; achieving strong investment performance; and delivering bundled, cost-effective solutions like Total Retirement SUITE SM, which provides meaningful benefits to plan sponsors and participants alike," said Zimpleman.

"That focus is driving continued strong sales and retention. Total company net cash flows, nearly \$19 billion over the trailing twelve months, include a record \$3.2 billion for U.S. Asset Accumulation in the third quarter, Principal Global Investors' second best quarter of institutional net cash flows, at \$2.8 billion, and a record \$1.5 billion of net cash flows for Principal International."

Additional highlights as of September 30, 2007:

- o Record operating revenues for third quarter 2007 of \$2,938.8 million compared to \$2,456.3 million for the same period a year ago.
- o Record ROE(5) of 16.3 percent compared to 15.1 percent for the trailing twelve months ended September 30, 2006.
- o Continued strong organic sales of the company's key retirement and investment products for the nine months ended September 30, 2007, including: full service accumulation sales of \$7.1 billion, up 32 percent (record sales of \$3.4 billion in third quarter 2007); mutual fund sales of \$6.7 billion, up 137 percent (sales of \$2.0 billion in third quarter 2007); and individual annuity sales of \$2.3 billion, up 24 percent (record sales of \$1.2 billion in third quarter 2007).

SEGMENT HIGHLIGHTS

U.S. ASSET MANAGEMENT AND ACCUMULATION

Segment operating earnings for third quarter 2007 were a record \$211.9 million, compared to \$157.4 million for the same period in 2006. Full service accumulation earnings of \$111.0 million for third quarter 2007 compare to \$73.5 million for the same period a year ago, reflecting increased fees from higher account values, and a \$30.1 million benefit from unlocking deferred revenue and expense assumptions, partially offset by a \$2.2 million tax refinement charge. Full service accumulation account values were \$103.3 billion as of September 30, 2007, compared to \$85.1 billion as of September 30, 2006.

Operating revenues were a record \$1,509.8 million for third quarter 2007, compared to \$1,111.3 million for the same period in 2006. Excluding recognition of previously deferred revenues as a result of assumption refinements described above, segment revenues improved 27 percent, reflecting 20-plus percent revenue growth in five of the segment's seven businesses.

Segment assets under management were a record \$262.4 billion as of September 30, 2007, compared to \$181.2 billion as of September 30, 2006.

INTERNATIONAL ASSET MANAGEMENT AND ACCUMULATION

Segment operating earnings for third quarter 2007 were a record \$39.3 million compared to \$23.2 million for the same period in 2006. The increase from the year ago quarter reflects continued strong growth in assets under management, and a \$9.2 million unlocking benefit from newly enacted regulations in Mexico, which changed the fee and compensation structure of Mexican pension companies. Third quarter 2007 earnings also included a \$5.1 million experience benefit from higher yields on invested assets in Chile due to unusually high inflation.

Operating revenues were a record \$224.6 million for third quarter 2007, compared to \$169.2 million for the same period in 2006, primarily due to higher yields on invested assets in Chile.

Segment assets under management were a record \$26.9 billion as of September 30, 2007, compared to \$17.8 billion as of September 30, 2006.

LIFE AND HEALTH INSURANCE

Segment operating earnings for third quarter 2007 were \$73.4 million, compared to \$82.0 million for the same period in 2006. As previously disclosed, third quarter 2006 earnings benefited by a total of \$12.0 million, from reserve refinements in the Health and Specialty Benefits divisions, and deferred policy acquisition cost unlocking in the Individual Life division. Third quarter 2006 also benefited from earnings on a higher capital base in the Individual Life division. Excluding these items, segment earnings improved 7 percent compared to the year ago quarter, reflecting record earnings in the Specialty Benefits division and solid underlying growth in the Individual Life division. Health earnings declined from a year ago, primarily due to worsened loss ratios and a decline in covered members, partially offset by expense improvements.

Operating revenues for third quarter 2007 were \$1,211.6 million, an increase of two percent from the same period in 2006. Specialty Benefits continued to achieve strong growth, with revenues improving 12 percent from a year ago. Individual Life revenues increased 4 percent, reflecting solid growth in fee-based universal life and variable universal life products. Health revenues decreased 5 percent, primarily due to lower insured medical covered members.

CORPORATE AND OTHER

Operating losses for third quarter 2007 were \$11.7 million, compared to operating losses of \$7.9 million for the same period in 2006, reflecting higher interest expense associated with the company's fourth quarter 2006 issuance of long-term debt.

COMPANY OUTLOOK

The company has no current guidance for 2007 operating earnings per diluted share. The most recent guidance for this measure was provided by the company, in a public release, on April 30, 2007. As a reminder, company guidance speaks only as of the date it is made. The company does not undertake to update annual guidance during the year, but may do so if significant changes occur in general business conditions or company operations.

FORWARD LOOKING AND CAUTIONARY STATEMENTS

This press release contains forward-looking statements, including, without limitation, statements as to sales targets, sales and earnings trends, and management's beliefs, expectations, goals and opinions. The company does not undertake to update these statements, which are based on a number of assumptions concerning future conditions that may ultimately prove to be inaccurate. Future events and their effects on the company may not be those anticipated, and actual results may differ materially from the results anticipated in these forward-looking statements. The risks, uncertainties and factors that could cause or contribute to such material differences are discussed in the company's annual report on Form 10-K for the year ended December 31, 2006, and in the company's quarterly report on Form 10-Q for the quarter ended June 30, 2007, filed by the company with the Securities and Exchange Commission. These risks

and uncertainties include, without limitation: competitive factors; volatility of financial markets; decrease in ratings; interest rate changes; inability to attract and retain sales representatives; international business risks; foreign currency exchange rate fluctuations; a pandemic, terrorist attack or other catastrophic event; default of the company's re-insurers; and investment portfolio risks.

USE OF NON-GAAP FINANCIAL MEASURES

The company uses a number of non-GAAP financial measures that management believes are useful to investors because they illustrate the performance of normal, ongoing operations, which is important in understanding and evaluating the company's financial condition and results of operations. They are not, however, a substitute for U.S. GAAP financial measures. Therefore, the company has provided reconciliations of the non-GAAP measures to the most directly comparable U.S. GAAP measure at the end of the release. The company adjusts U.S. GAAP measures for items not directly related to ongoing operations. However, it is possible these adjusting items have occurred in the past and could recur in the future. Management also uses non-GAAP measures for goal setting, determining employee and senior management awards and compensation, and evaluating performance on a basis comparable to that used by investors and securities analysts.

SHARE REPURCHASES

On November 28, 2006, the Board authorized the repurchase of up to \$250 million of the company's outstanding common stock. This program was completed in July 2007, with third quarter repurchases of 0.6 million shares for \$32.2 million. On May 22, 2007, the Board authorized the repurchase of up to \$250 million of the company's outstanding common stock. During the third quarter, the company repurchased 3.2 million shares for a cost of \$180.0 million, under the May 2007 authorization. The company completed the remaining \$70 million of that authorization in October 2007, repurchasing 1.1 million shares.

EARNINGS CONFERENCE CALL

At 9:00 A.M. (CT) tomorrow, Chairman and CEO J. Barry Griswell, President and COO Larry Zimpleman, and Executive Vice President and CFO Mike Gersie will lead a discussion of results during a live conference call. Parties interested in listening to the conference call live may access the webcast on the company's Investor Relations (IR) website (www.principal.com/investor) or by dialing (800) 374-1609 (U.S. callers) or (706) 643-7701 (International callers) approximately 10 minutes prior to the start of the call. To access the call, leader name is Tom Graf. Listeners can access an audio replay of the call on the IR website, or by calling (800) 642-1687 (US callers) or (706) 645-9291 (International callers). The access code for the replay is 16893229. Replays will be available through November 6, 2007. The financial supplement is currently available on company's website and may be referred to during the conference call.

ABOUT THE PRINCIPAL FINANCIAL GROUP

The Principal Financial Group(R) (The Principal (R))(6) is a leader in offering businesses, individuals and institutional clients a wide range of financial products and services, including retirement and investment services, life and health insurance, and banking through its diverse family of financial services companies. A member of the Fortune 500, the Principal Financial Group has \$306.0 billion in assets under management(7) and serves some 18.3 million customers worldwide from offices in Asia, Australia, Europe, Latin America and the United States. Principal Financial Group, Inc. is traded on the New York Stock Exchange under the ticker symbol PFG. For more information, visit WWW.PRINCIPAL.COM.

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SUMMARY OF SEGMENT AND PRINCIPAL FINANCIAL GROUP, INC. RESULTS

OPERATING EARNINGS (LOSS)* IN MILLIONS

SEGMENT	THREE MONTHS ENDED,		NINE MONTHS ENDED,	
	9/30/07	9/30/06	9/30/07	9/30/06
U.S. ASSET MANAGEMENT AND ACCUMULATION	\$211.9	\$157.4	\$587.0	\$466.4
INTERNATIONAL ASSET MANAGEMENT AND ACCUMULATION	39.3	23.2	85.3	56.9
LIFE AND HEALTH INSURANCE	73.4	82.0	179.0	217.6
CORPORATE AND OTHER	(11.7)	(7.9)	(18.7)	(20.8)
OPERATING EARNINGS	312.9	254.7	832.6	720.1
NET REALIZED/UNREALIZED CAPITAL GAINS (LOSSES), AS ADJUSTED	(59.4)	(3.7)	(18.2)	8.3
OTHER AFTER-TAX ADJUSTMENTS	(21.2)	0.0	(21.2)	18.8
NET INCOME AVAILABLE TO COMMON STOCKHOLDERS	\$232.3	\$251.0	\$793.2	\$747.2

PER DILUTED SHARE

	THREE MONTHS ENDED,		NINE MONTHS ENDED,	
	9/30/07	9/30/06	9/30/07	9/30/06
OPERATING EARNINGS	\$ 1.17	\$ 0.94	\$ 3.09	\$ 2.60
NET REALIZED/UNREALIZED CAPITAL GAINS (LOSSES), AS ADJUSTED	(0.22)	(0.02)	(0.07)	0.03
OTHER AFTER-TAX ADJUSTMENTS	(0.08)	0.00	(0.08)	0.07
NET INCOME AVAILABLE TO COMMON STOCKHOLDERS	\$ 0.87	\$ 0.92	\$ 2.94	\$ 2.70
WEIGHTED-AVERAGE DILUTED COMMON SHARES OUTSTANDING (IN MILLIONS)	267.3	272.1	269.5	276.7

*OPERATING EARNINGS VERSUS U.S. GAAP (GAAP) NET INCOME AVAILABLE TO COMMON STOCKHOLDERS Management uses operating earnings, which excludes the effect of net realized/unrealized capital gains and losses, as adjusted, and other after-tax adjustments, for goal setting, determining employee compensation, and evaluating performance on a basis comparable to that used by investors and securities analysts. Segment operating earnings are determined by adjusting U.S. GAAP net income available to common stockholders for net realized/unrealized capital gains and losses, as adjusted, and other after-tax adjustments the company believes are not indicative of overall operating trends. Note: after-tax adjustments have occurred in the past and could recur in future reporting periods. While these items may be significant components in understanding and assessing the company's consolidated financial performance, management believes the presentation of segment operating earnings enhances the understanding of results of operations by highlighting earnings attributable to the normal, ongoing operations of the company's businesses.

PRINCIPAL FINANCIAL GROUP, INC.
RESULTS OF OPERATIONS
(IN MILLIONS)

	THREE MONTHS ENDED		NINE MONTHS ENDED	
	9/30/07	9/30/06	9/30/07	9/30/06
Premiums and other considerations	\$1,171.4	\$1,060.0	\$3,456.0	\$ 3,206.4
Fees and other revenues	738.5	465.3	1,953.9	1,387.5
Net investment income	1,028.9	931.0	2,928.4	2,694.6
Net realized/unrealized capital gains (losses)	(89.3)	(6.7)	3.7	23.1
TOTAL REVENUES	2,849.5	2,449.6	8,342.0	7,311.6
Benefits, claims, and settlement expenses	1,643.2	1,426.2	4,725.9	4,227.6
Dividends to policyholders	73.9	73.0	221.9	217.4
Operating expenses	800.9	619.5	2,316.0	1,865.8
TOTAL EXPENSES	2,518.0	2,118.7	7,263.8	6,310.8
Income from continuing operations before income taxes	331.5	330.9	1,078.2	1,000.8
Income taxes	91.0	72.1	260.3	229.4
Income from continuing operations, net of related income taxes	240.5	258.8	817.9	771.4
Income from discontinued operations, net of related taxes	0.0	0.4	0.0	0.5
NET INCOME	240.5	259.2	817.9	771.9
Preferred stock dividends	8.2	8.2	24.7	24.7
NET INCOME AVAILABLE TO COMMON STOCKHOLDERS	\$ 232.3	\$251.0	\$ 793.2	\$ 747.2
Less:				
Net realized/unrealized capital gains (losses), as adjusted	(59.4)	(3.7)	(18.2)	8.3
Other after-tax adjustments	(21.2)	0.0	(21.2)	18.8
OPERATING EARNINGS	\$ 312.9	\$254.7	\$ 832.6	\$ 720.1

SELECTED BALANCE SHEET STATISTICS

	PERIOD ENDED		
	09/30/07	12/31/06	09/30/06
Total assets (in billions)	\$ 155.6	\$ 143.7	\$ 136.2
Total common equity (in millions)	\$7,326.3	\$ 7,318.8	\$ 7,146.1
Total common equity excluding accumulated other comprehensive income (in millions)	\$6,937.9	\$ 6,471.9	\$ 6,368.5
End of period common shares outstanding (in millions)	262.5	268.4	269.6
Book value per common share	\$ 27.91	\$ 27.27	\$ 26.51
Book value per common share excluding accumulated other comprehensive income	\$ 26.43	\$ 24.11	\$ 23.62

PRINCIPAL FINANCIAL GROUP, INC.
RECONCILIATION OF NON-GAAP FINANCIAL MEASURES TO U.S. GAAP
(IN MILLIONS, EXCEPT PER SHARE DATA)

	THREE MONTHS ENDED		NINE MONTHS ENDED	
	9/30/07	9/30/06	9/30/07	9/30/06
DILUTED EARNINGS PER COMMON SHARE:				
Operating Earnings	1.17	0.94	3.09	2.60
Net realized/unrealized capital gains (losses)	(0.22)	(0.02)	(0.07)	0.03
Other after-tax adjustments	(0.08)	0.00	(0.08)	0.07
Net income available to common stockholders	0.87	0.92	2.94	2.70
BOOK VALUE PER COMMON SHARE EXCLUDING ACCUMULATED OTHER COMPREHENSIVE INCOME:				
Book value per common share excluding accumulated other comprehensive income	26.43	23.62	26.43	23.62
Net unrealized capital gains	1.40	3.05	1.40	3.05
Foreign currency translation	0.03	(0.12)	0.03	(0.12)
Net unrecognized post-retirement benefit obligations	0.05	0.00	0.05	0.00
Minimum pension liability	0.00	(0.04)	0.00	(0.04)
Book value per common share including accumulated other comprehensive income	27.91	26.51	27.91	26.51
OPERATING REVENUES:				
USAMA	1,509.8	1,111.3	4,178.0	3,299.4
IAMA	224.6	169.2	540.9	476.8
Life and Health	1,211.6	1,183.4	3,635.5	3,526.1
Corporate and Other	(7.2)	(7.6)	(6.4)	(13.5)
Total operating revenues	2,938.8	2,456.3	8,348.0	7,288.8
Add:				
Net realized/unrealized capital gains (losses) and related adjustments	(89.3)	(6.1)	(6.0)	23.6
Less: Operating revenues from discontinued real estate	0.0	0.6	0.0	0.8
Total GAAP revenues	2,849.5	2,449.6	8,342.0	7,311.6
OPERATING EARNINGS:				
USAMA	211.9	157.4	587.0	466.4
IAMA	39.3	23.2	85.3	56.9
Life and Health	73.4	82.0	179.0	217.6
Corporate and Other	(11.7)	(7.9)	(18.7)	(20.8)
Total operating earnings	312.9	254.7	832.6	720.1
Net realized/unrealized capital gains (losses)	(59.4)	(3.7)	(18.2)	8.3
Other after-tax adjustments	(21.2)	0.0	(21.2)	18.8
Net income available to common stockholders	232.3	251.0	793.2	747.2
NET REALIZED/UNREALIZED CAPITAL GAINS (LOSSES):				
Net realized/unrealized capital gains (losses), as adjusted	(59.4)	(3.7)	(18.2)	8.3
Add:				
Periodic settlements and accruals on non-hedge derivatives	5.4	0.0	14.9	0.0
Amortization of DPAC and sale inducement costs	6.0	(5.1)	4.9	(3.9)
Capital gains (losses) distributed	(2.9)	2.2	7.7	5.8
Tax impacts	(32.8)	(2.5)	(7.1)	8.6
Minority interest capital gains (losses)	(0.2)	3.0	6.7	4.8
Less related fee adjustments:				
Unearned front-end fee income	7.9	0.5	8.7	1.6
Certain market value adjustments to fee revenues	(2.5)	0.1	(3.5)	(1.1)
GAAP net realized/unrealized capital gains (losses)	(89.3)	(6.7)	3.7	23.1
OTHER AFTER TAX ADJUSTMENTS:				
IRS audit issue	0.0	0.0	0.0	18.8
Tax refinements related to prior years	(21.2)	0.0	(21.2)	0.0
Total other after-tax adjustments	(21.2)	0.0	(21.2)	18.8

- (1) Net income of \$232.3 million reflects: net realized/unrealized capital losses of \$59.4 million, primarily related to unrealized capital losses from net hedging activities and the mark-to-market of credit default swaps; and a \$21.2 million other after-tax adjustments charge due to tax refinements related to prior years.
- (2) See Segment Highlights for items benefiting operating earnings for both periods.
- (3) Use of non-GAAP financial measures is discussed in this release after Segment Highlights.
- (4) Total company AUM, as well as AUM in the U.S. Asset Management and Accumulation segment, includes assets under management from the company's acquisition of WM Advisors, Inc., which were \$27.9 billion as of closing, effective December 31, 2006, and from the acquisition of Morley Financial Services, Inc. which were \$13.7 billion as of closing, effective August 31, 2007. Total company AUM also includes \$2.2 billion of AUM from operations acquired during first quarter 2007 by CIMB-Principal, the company's joint venture in Malaysia.
- (5) Operating return on average equity excluding other comprehensive income.
- (6) "The Principal Financial Group" and "The Principal" are registered service marks of Principal Financial Services, Inc., a member of the Principal Financial Group.
- (7) As of September 30, 2007

