FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washin

Washington, D.C. 20549	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-02		

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* JOHNSON CHARLES S					PF	2. Issuer Name and Ticker or Trading Symbol PRINCIPAL FINANCIAL GROUP INC									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
					PF	PFG]														
(Last) (First) (Middle)				\vdash									Delow)	r (give title)		Other (: below)	specity			
711 HIGH STREET					3. Date of Earliest Transaction (Month/Day/Year) 01/25/2005										,			,		
(Street)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
DES MOINES IA 50392												X Form filed by One Reporting Person								
(City)	(S	tate)	(Zip)											Form filed by More than One Reporting Person						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
						_			-	ואוט										
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Da			te, Transaction Dispose Code (Instr. 5)			rities Acquii ed Of (D) (In:			5. Amou Securiti Benefici Owned	ies Form		n: Direct or Indirect	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)		ice	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D	Date,	ransaction		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year) Gold Trible and Amount of Securities Underlying				d f	8 D S	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall		10. Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership	
(msu. 3)	Derivative Security		(Month/Day/Year)		8)		Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)					Derivative (Instr. 3 ar	Secur			Owned Following Reported Transactio (Instr. 4)		or Indirect (I) (Instr. 4)	t (Instr. 4)	
				Γ						Τ			Amou	unt						
									D -4-	_			Numl	oer						
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	of Share	es						
Phantom Stock Units	(1)	01/25/2005			A		37.6		(2)		(2)	Common Stock	37.	6	\$39.93	3,940.8		D		

Explanation of Responses:

- 1. Security converts to common stock on a one-for-one basis.
- 2. The reported phantom stock units were acquired pursuant to the Principal Deferred Compensation Plan for Non-Employee Directors and will be settled on the reporting person's retirement.

Remarks:

Joyce N. Hoffman, by Power

01/27/2005

of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.