Filed pursuant to Rule 424(b)(5) Registration Statement Nos. 333-110499 and 333-110499-01

CUSIP: 74254PFL1

1.100%

04/27/05

04/15/11



Principal Life Insurance Company Principal® Life CoreNotes®(Callable) Issued Through Principal Life Income Fundings Trust 2005-39 (the "Trust")

The description of this pricing supplement of the particular terms of the Principal[®] Life CoreNotes[®] offered hereby, and the Funding Agreement (specified below) sold by Principal Life Insurance Company to the Trust (specified herein), the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

Purchasing Agent Discount:

1. The Notes

Principal Amount:

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Issue Price:	100.0%	Original	Original Issue Date:		
Net Proceeds to the Trust:	\$1,051,307.0	Stated M	Stated Maturity Date:		
Interest Payment Dates:	The 15th day of	The 15th day of the sixth month commencing on 10/15/2005.			
Initial Interest Payment Date:	10/15/05	10/15/05			
Regular Record Date:	The 1st day of every sixth month commencing on 10/01/20		commencing on 10/01/2005.		
Type of Interest Rate:	x Fixed Rate	o Floating Rate			
Fixed Rate Notes:	x Yes	o No.	If, Yes,		
Interest Rate:	4.50%				
Floating Rate Notes:	o Yes	x No.	If, Yes,		
Regular Floating Rate Notes: Interest Rate: Interest Rate Basis(es):	o Yes	o No.	If, Yes,		
Floating Rate/Fixed Rate Note: Floating Interest Rate: Interest Rate Basis(es): Fixed Interest Rate: Fixed Rate Commencement Date:	o Yes	o No.	If, Yes,		
Initial Interest Rate, if any:	N/A				
Initial Interest Reset Date:	N/A				

\$1,063,000.0

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[&]quot;CoreNotes®" is a registered service mark of Merrill Lynch & Co.

Interest Rate Basis(es). Check all that apply: N/A o CMT Rate o CD Rate o Commercial Paper Rate o LIBOR o Treasury Rate o Prime Rate o Other (See Attached) If LIBOR: o LIBOR Reuters Page o LIBOR Moneyline Telerate Page LIBOR Currency: If CMT Rate: Designated CMT Telerate Page: If 7052: o Weekly Average o Monthly Average Designated CMT Maturity Index: Index Maturity: N/A Spread (+/-): N/A Spread Multiplier: N/A Interest Reset Date(s): N/A Interest Rate Determination Date(s): N/A Maximum Interest Rate, if any: N/A Minimum Interest Rate, if any: N/A Calculation Agent: Citibank, N.A. Computation of Interest: N/A (not applicable unless different than as specified in the prospectus and prospectus supplement) Day Count Convention: N/A (not applicable unless different than as specified in the prospectus and prospectus supplement) Discount Note: o Yes x No. If, Yes, Total Amount of Discount: Initial Accrual Period of Discount: Additional/Other Terms: Terms of Survivor's Option: Annual Put Limitation: x \$2,000,000 or 2%; or _or_% o \$ Individual Put Limitation: x \$250,000; or o \$_ Trust Put Limitation: x 2%; or \$_ If, Yes, **Redemption Provisions:** x Yes o No. Initial Redemption Date: 04/15/06 Redemption: x In whole only and not in part o May be in whole or in part Additional Other Terms: Any redemption date will be an Interest Payment Date falling on or after the Initial Redemption Date Repayment: o Yes x No. If, Yes, Repayment Date(s): Repayment Price: Repayment: o In whole only and not in part o May be in whole or in part Additional/Other Terms: Sinking Fund (not applicable unless specified): N/A Securities Exchange Listing: o Yes If, Yes, Name of Exchange: x No.

\$1,000

Authorized Denominations:

Ratings:

The Notes issued under the Program are rated AA by Standard & Poor's ("S&P"). Principal Life expects the Notes to be rated Aa2 by Moody's Investors Service, Inc. ("Moody's").

Purchasing Agents Purchasing Notes as Principal: x Yes o No. If, Yes,

Purchasing Agent(s)	Principal Amount
Merrill Lynch	\$1,063,000.0
Total:	\$1,063,000.0

State of Organization of the Trust: New York

Additional/Other Terms: None

Special Tax Considerations: None

2. The Funding Agreement

Funding Agreement Issuer: Principal Life Insurance Company

Funding Agreement No.: 6-11961

Deposit: \$1,063,015.0

Net Deposit: \$1,051,307.0

Effective Date: 04/27/05

Stated Maturity Date: 04/15/11

Interest Payment Dates: The 15th day of every sixth month commencing on 10/15/2005.

Initial Interest Payment Date: 10/15/05

Type of Interest Rate: x Fixed Rate o Floating Rate

Fixed Rate Funding Agreement: x Yes o No. If, Yes,

Interest Rate: 4.50%

Floating Rate Funding Agreement: o Yes x No. If, Yes,

Regular Floating Rate Funding Agreement: o Yes o No. If, Yes,

Interest Rate:

Interest Rate Basis(es):

Floating Rate/Fixed Rate Funding Agreement: o Yes o No. If, Yes,

Floating Interest Rate: Interest Rate Basis(es): Fixed Interest Rate:

Fixed Rate Commencement Date:

Initial Interest Rate, if any: N/A

Initial Interest Reset Date: N/A

Interest Rate Basis(es). Check all that apply:

N/A

o CD Rate o CMT Rate
o Commercial Paper Rate o LIBOR
o Treasury Rate o Prime Rate

o Other (See Attached)

If LIBOR: o LIBOR Reuters Page o LIBOR Moneyline Telerate Page

LIBOR Currency:

If CMT Rate:

Designated CMT Telerate Page:

If 7052: o Weekly Average o Monthly Average

Designated CMT Maturity Index:



In	ndex Maturity:	N/A		
S_1	pread (+/-):	N/A		
S_{j}	pread Multiplier:	N/A		
Ir	nterest Reset Date(s):	N/A		
Ir	nterest Rate Determination Date(s):	N/A		
M	faximum Interest Rate, if any:	N/A		
Minimum Interest Rate, if any:		N/A		
(not apple Day Cou	tion of Interest: icable unless different than as specified in the prospectus nt Convention: icable unless different than as specified in the prospectus	N/A		
To In	Funding Agreement: otal Amount of Discount: nitial Accrual Period of Discount: dditional/Other Terms:	o Yes	x No.	If, Yes,
	Survivor's Option: .nnual Put Limitation:		x \$2,000,000 or 2%; or	
Ir	ndividual Put Limitation:		o \$or_% x \$250,000; or	
Ti	rust Put Limitation:		o \$ x 2%; or \$	
R	ion: nitial Redemption Date: edemption: dditional Other Terms:	x Yes 04/15/06 x In whole only and not o May be in whole or in Any redemption date wi Redemption Date	part	If, Yes, Date falling on or after the Initial
	ent: epayment Date(s): epayment Price:	o Yes	x No.	If, Yes,
R	epayment: .dditional/Other Terms:	o In whole only and not in part o May be in whole or in part		
Sinking I	Fund (not applicable unless specified):	N/A		
Ratings:				
	Funding Agreement issued under the Program is rated A cipal Life expects the Funding Agreement to be rated Aa			
Addition	al/Other Terms:	None		
Special Tax Considerations:		None		
3. The G	uarantee			
Guarante	e Issuer: Principal Financial Group, Inc.			
Effective Date:		04/27/05		
Addition	al/Other Terms:	None		