Pricing Supplement Dated 5/6/2008 (To Prospectus dated November 21, 2007, and Prospectus Supplement dated November 21, 2007)

CUSIP: 74254PWU2

(PRINCIPAL FINANCIAL GROUP LOGO)

Principal Life Insurance Company

Principal® Life CoreNotes® (Callable) (That are also Asset-Backed Securities) Issued Through and Obligations of Principal Life Income Fundings Trust 2008-33 (the "Trust" and "Issuing Entity")

The description of this pricing supplement of the particular terms of the Principal® Life CoreNotes® offered hereby, and the Funding Agreement (specified below) issued by Principal Life Insurance Company ("Principal Life") to the Trust, the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made..

1. The Notes

Principal Amount:	TBD	Purchasing Agent Discount:	0.750%
Issue Price:	100.0%	Original Issue Date:	5/14/2008
Net Proceeds to the Trust:	TBD	Stated Maturity Date:	5/15/2012
Interest Payment Dates:	The 15th day of ev	very sixth month commencing on 11/15/2008	
Initial Interest Payment Date:	11/15/2008		
Regular Record Date:	15 calendar days prior to the Interest Payment Date		
Type of Interest Rate:	[X] Fixed Rate	[] Floating Rate	
Interest Rate:	4.80%		
Discount Note:	[]Yes	[X] No	
Terms of Survivor's Option: Annual Put Limitation: Individual Put Limitation: Trust Put Limitation:		[X] \$2,000,000 or 2%; or [] \$ or% [X] \$250,000; or [] \$ [X] 2%; or \$	
Redemption Provisions: Initial Redemption Date: Redemption: Additional Other Terms:	[X]Yes 5/15/2009 [X] In whole only [] May be in who Any redemption d Redemption Date		r the Initial
Repayment:	[]Yes	[X] No	
Authorized Denominations:	\$1,000		

"Principal[®]" is a registered service mark of Principal Financial Services, Inc. and is used under license. "CoreNotes[®]" is a registered service mark of Merrill Lynch & Co. Ratings:

The Notes issued under the Program are rated AA by Standard & Poor's ("S&P").

Principal Life expects the Notes to be rated Aa2 by Moody's Investors Service, Inc. ("Moody's").

Purchasing Agent(s) Purchasing Notes as	[X] Yes	[] No	If Yes,
Principal:			

Purcha	sing Agent(s)	Principal Amount
Merrill	Lynch	TBD
Total:		TBD
State of Organization of the Trust:	New York	
Additional/Other Terms:	None	
2. <u>The Funding Agreement</u>		
Funding Agreement Issuer:	Principal Life Insurance Company	
Funding Agreement No :	7-9736	

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Funding Agreement Issuer:	Principal Life Ins	surance Company
Funding Agreement No.:	7-9736	
Deposit:	\$15.0	
Net Deposit:	TBD	
Effective Date:	5/14/2008	
Stated Maturity Date:	5/15/2012	
Interest Payment Dates:	The 15th day of e	every sixth month commencing on 11/15/2008
Initial Interest Payment Date:	11/15/2008	
Type of Interest Rate:	[X] Fixed Rate	[] Floating Rate
Interest Rate:	4.80%	
Discount Funding Agreement:	[]Yes	[X] No
Terms of Survivor's Option: Annual Put Limitation:		[X] \$2,000,000 or 2%; or [] \$ or%
Individual Put Limitation:		[X] \$250,000; or
Trust Put Limitation:		[] \$ [X] 2%; or \$

Redemption: Initial Redemption Date:	[X]Yes 5/15/2009	[] No.	If Yes,
Redemption:	[X] In whole on	ly and not in part	
Additional Other Terms:	[] May be in wl Any redemptior Date	1	erest Payment Date falling on or after the Initial Redemption
Repayment:	[]Yes	[X] No	
Ratings:			

The Funding Agreement issued under the Program is rated AA by S&P. Principal Life expects the Funding Agreement to be rated Aa2 by Moody's.

Additional/Other Terms:	None
3. <u>The Guarantee</u>	
Guarantee Issuer:	Principal Financial Group, Inc.
Effective Date:	5/14/2008
Additional/Other Terms:	None